

# Come, let us reason together

## When life knocks you down

Ever so often you meet individuals that are down in the dumps about something that has happened in their lives. And when they pour out their hearts to you, they are doing it for two reasons: (1) They want someone to share in their problems, and (2) they may be asking you for help. We all need help from time to time as we make this journey through life.

When people lay their problems at your feet, they do not want you to go out and tell the world about them. If they have the respect for you to hear them out, then you are obligated to keep it to yourself.

Students of the Holy Bible can help these individuals find comfort and solutions for their problems. If you are a source of help for people that are in these conditions, then you need to do several things after you tell them that you are sorry for them. The first thing that you need to do is listen. Now if you want to direct them in a manner for finding solutions, you must first know something about the Word of God.

In the book of Colossians I, you have some very valuable information to pass on to troubled individuals. Pull out your worn bible and ask them to turn to Colossians I. Point out that you do have a place to go for spiritual strength. In verse 11-14, we read,

“May you be made strong with all the strength that comes from



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his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved son, in whom we have redemption, the forgiveness of sins.”

Herein we are telling our friend that you must have patience, for we have been given a plan to endure. At the time, we talk about that old spiritual which informs us, “I so glad that troubles do not last always.” You must make it a habit to always have an alternate plan for living. When you do this, you can turn defeat into victory, and you can turn a minus into a plus. There is always some way out. Every time your brood over your troubles, you are making it possible to hatch despair. No problem is new. Someone else has traveled that same road and was able to work it out.

As one writer puts it, “You may not be sufficient, but God is able.

# Truth Hum

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# Reason

From Page 7A

He can bring peace out of confusion, joy out of sorrow, victory out of defeat, day out of darkness, triumph out of tragedy, health out of sickness, sunshine out of the storm, spring out of winter, laughing out of weeping, and holiness out of sin. Our God is able." Let it be known that the loss of a battle does not mean defeat. When the tides of the fretful break with a roar upon the beaches of our souls, we can find peace if we believe "it is well, it is well, with my soul." There is a power in this world which is not ours.

Regardless of personal problems, God is telling us to make one step and try Him. Don't worry about the enemy chariots gaining on you. Do not fear the walls of opposition on each side of you. Do not crack up because you face an angry sea

in life. Muster up your faith and tell yourself, if others made it, I can do the same. We still worship a God who presides over the universe. Regardless of the conditions of the world and actions of evil people, God is telling us that He can help us cross the seas of misunderstanding, conquer deserts and tunnel through mountains.

And when the road gets rough, and the going gets tough, sing that old song that our forefathers presented in the time of problems and troubles: "I'm moving on the upward way, new heights I gaining everyday. Still praying as I onward bound, Lord, plant my feet on higher ground."

Let us join hearts and hands in trying to make the world better, not bitter. Problems are opportunities with thorns on them, therefore we should make the most of life before most of life is gone. Amen.

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